



Mankato Community Education & Recreation Adult Volleyball Leagues Covid-19 Guidelines/Safety Plan

Please note:

- Volleyballs for warm up will not be provided. Teams need to bring their own.
- Game balls are provided and will be sanitized between matches.
- Water fountains are temporarily closed, but bottle fillers are still available.
- Hand washing is strongly encouraged before and after each match. Players are encouraged to bring their own hand sanitizer as well.
- Restrooms are open but should only be used as needed.
- Spectators are not allowed. Please do not bring children.
- Officials will be wearing a mask with a whistle contained inside the mask.

Before Game:

- All players are to use the MDH Self screening tool before arriving- [Click here for Health Screening](#)
 - o Anyone who is sick or exhibiting any symptoms of COVID-19 must stay home.
 - o If you develop symptoms while here to play please leave immediately.
- Bring a personal water bottle
- Players should enter the building no more than 10 minutes prior to your match time. Please reference the team manager on which door you enter and exit from. You must wait until all players before you have exited before you enter the gym.
- Players must wear a mask and adhere to 6-foot physical distance at all times when not playing. See [Executive Order 20-81](#)
- Wash or sanitize hands as you enter the facility.
- Once at your court, set your personal items all together and separated from other people's belongings.
- Remove mask and place with your personal items just before walking onto the court to play. Players may choose to play with a mask on; it must fit securely, so that it does not fall off and become a slip hazard for players.

During the Game:

- Players must adhere to 6-foot physical distance... even during times such as team huddles, while waiting to sub or to celebrate a good play.
- If play brings you to close physical proximity, players must re-establish a reasonable physical distance as quickly as possible after the conclusion of the play.
- Players should refrain from touching their face (eyes, nose, and mouth). Sanitize if you do!
- Players and referees must refrain from unnecessary contact, such as high-fives, handshakes and fist bumps. Instead use positive verbal remarks should be used to show good sportsmanship.
- Wearing a face covering when not actively participating in a game is required so if your team rotates in subs they will need to wear their mask while on the sideline.
- Between games use personal water bottles to rehydrate in your assigned gym and 6ft apart from others.



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After the Match

- No handshake line - give a quick verbal/distant sign of good sportsmanship to your opponent.
- Go to your personal belongings and put your mask on.
- Sanitize your hands on the way out if you haven't already 😊
- If a player, or official tests positive for COVID-19 and believes they may have been infectious while attending the league, please notify Heather Tentis (Htentis1@isd77.org) ASAP so she can notify other attendees from that evening.