Mankato Area Public Schools FAMILY LEARNING CENTER Early Learning Department



Fall 2018

September-November



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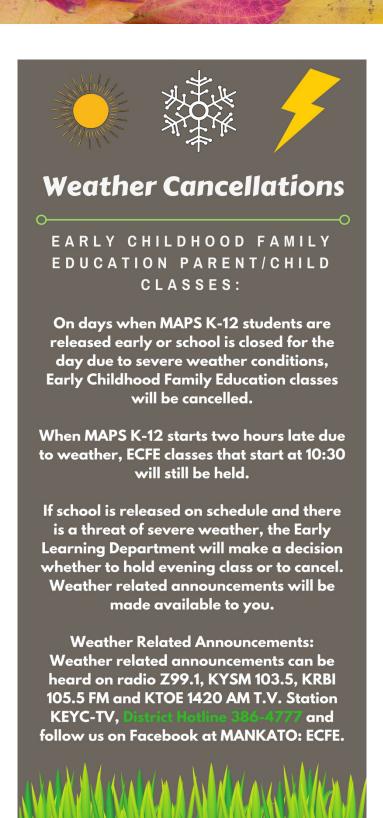
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Family Learning Center (FLC)

820 Hubbell Ave, Mankato
Registration for Early Learning
or Program Questions:
507-625-4620
www.mankatoecfe.org

Other Location Addresses are:

Early Childhood Center
2077 Lookout Dr, North Mankato
Eagle Lake Elementary
500 LeSueur Ave, Eagle Lake
Rosa Parks Elementary
1001 Heron Dr, Mankato
Kennedy Elementary
2600 E Main Street, Mankato
Franklin Elementary
1000 North Broad Street, Mankato



FALL 2018

DATES TO REMEMBER

August 13 Online & Walk In Registration Begins

August 28 ECFE Open House

September 10 ECFE classes begin

October 18 & 19 No Classes

October 23 & 25 Ready for Kindergarten Event

November 2 No Classes

November 5 Registration for Winter Session

November 6 No Evening Class- Election

Early Childhood Family Education

Hello Fall!

Early Childhood Family Education provides programming and service to families of young children. Parents and caregivers are critical to a young child's development and provide a foundation for young learners' success. Early Childhood Family Education is designed to strengthen and support families through facilitation of parent-child activities by a licensed early childhood teacher, and parent discussion facilitated by a licensed parent educator. A variety of classes and outreach activities are offered for families with infants, toddlers and preschoolers with varied topics and interests.

For more information visit our website at www.mankatoecfe.org to find the following information:
Class Offerings & Program Information
Newsletters & Flyers
Preschool Information
Registration Information

What does a typical ECFE class include?

Parent-Child Activity Time

Families explore a classroom filled with developmentally appropriate play and learning activities planned by a licensed early childhood teacher. These experiences foster a child's social, emotional, cognitive, physical and language skills.

Parent Education Time

Parents meet with a licensed parent educator to share support, experiences and information about child development and parenting techniques. Research on early brain development, parent-child relationships, child development and guidance techniques are presented in ECFE classes.

Children's Activity Time

Children learn with the early childhood teacher and paraprofessional, and practice social skills as they interact with one another.



Infant Classes

Great Start 0-9 months

Non-Separating

Bring your baby to play in our ECFE classroom! You will find age appropriate activities to enjoy with your baby, simple ways to encourage your baby's development at home, and meet other parents with whom you can share ideas, concerns, and successes. Sibling care available

Course #: 9100-1 \$45

Mondays, Sept 10 - Nov 12

10:30 -11:30 am FLC RM 104

Course #: 9100-2 \$45

Tuesdays, Sept 11-Nov 13

6-7pm FLC RM 106

Little Busy Bodies 10-18 Months

Non-Separating

Rolling...Creeping...Crawling...Walking! Share some special time with your "little mover". Get together with other parents with children of a similar age to engage with your little ones, as well as have discussion with other parents. Topics range from child development to finding time for yourself. Sibling care available

Course #: 9120-1 \$45

Mondays, Sept 10 - Nov 12

6-7 pm FLC RM 104

Course #: 9120-2 \$45

Tuesdays, Sept 11-Nov 13

9-10 am FLC RM 104



Congratulations on your new baby and welcome to the Mankato Area Public Schools.We support parents and help you assist your child to grow, learn and thrive during this time. A complimentary gift certificate for you first infant session of classes is available. This gift certificate may also be used for infant-1 ready for kindergarten classes.

Baby Sign

Non-Separating

As parents, we wonder what is going on inside their little heads as we wait in anticipation for their first words. By teaching your child gestures or signs as well as spoken words, they are more quickly able to understand and communicate with the world around them. Come and learn what sign language is all about.

Course #: 9110 \$45

Wednesdays, Sept 12-Nov 14

9-10 am FLC RM 104

FAMILY OPEN GYM & PLAYTIME

Parents and their children
Birth - Age 5 are welcome!
Family Open Gym and
Playtime is great for large
muscle development. Riding
toys, balls and more will be
available.

Fridays 9:30-11:30 A.M
Sept 14- Nov 16
No Open Gym Oct 19 & Nov 2
Located at the family Learning
Center



Toddler Classes

Little Wigglers 13-24 Months

Non-Separating

Your one year-old is busy, curious and ready to play! Together you and your child will play with a variety of toys, use art materials, learn songs and fingerplays and enjoy lots of movement. A benefit of this class is that you and your child will remain in the same room together while parent education takes place. Sibling care available

| Course #: 9200-1 Mondays, Sept 10 - Nov 12 9-10 am | \$45 | | |
|---|------------|--|--|
| | FLC RM 104 | | |
| Course #: 9200-2 Tuesdays, Sept 11-Nov 13 | \$45 | | |
| 4:30-5:30 pm | FLC RM 104 | | |
| Course #: 9200-3 Tuesdays, Sept 11-Nov 13 6-7 pm | \$45 | | |
| | FLC RM 104 | | |
| Course #: 9200-4 Thursdays, Sept 13 - Nov 15 | \$45 | | |
| 9-10 am | FLC RM 104 | | |
| Course #: 9200-5 Thursdays Sont 13 Nov 15 | \$45 | | |
| Thursdays, Sept 13 - Nov 15 10:30-11:30 am | FLC RM 104 | | |

Little Explorers 18-28 Months

Gradual Separating

Toddlers are constantly on the go exploring with energy and wonder. That is their job. Join us in activities that encourage language development, self-help skills, and a variety of sensory activities. Gradually, as the class allows, parents will move on to the parenting room. As a parent, you will gain knowledge and support from a licensed parent educator and other parents during discussion time. Sibling care available

| Course #: 9230-1 | \$65 |
|--------------------------|------------|
| Tuesdays, Sept 11-Nov 13 | |
| 10:30 am-12 pm | FLC RM 104 |



Shakers and Movers 18-33 Months

Separating

Toddlers are always on the move! Enjoy some one-on-one time with your child while they learn a variety of skills through play. Gym time will be available for some classes. As a parent, you will gain knowledge and support from a parent educator and other parents when we separate for discussion time. Sibling care available



| Course # 9420-1 Thursdays, Sept 13 - Nov 15 | \$65 | | | |
|---|------------|--|--|--|
| 6-7:30 pm | FLC RM 104 | | | |
| | | | | |
| Course #: 9420-2 Friday, Sept 14- Nov 16 | \$65 | | | |

Music, Movement & Books 13-28 Months

Music, movements, and literacy is crucial to young children's development. This class provides a time for parents to participate in music, movement and book activities with their child as well as gain fun ideas for supporting your child's active learning and physical health.

Course #: 9210

Friday, Sept 14- Nov 16

11am -12 pm FLC RM

Foundations of Parenting Online Class

Online

Come join us for a 10-week course exploring what is vital to a strong foundation of parenting. Topics will focus on secure attachment, brain development, and parenting philosphy and goals. An overall theme of intention and reflection guides the thought process in this course. We will have bi-weekly chat sessions, weekly discussions, and various resources, all led by a licensed parent educator. Instructions for the course will be emailed to you one week before the session starts if you want all the great ECFE parenting content but can't attend a session in person, then this is the class for you!

| Course #9000 | \$10 |
|----------------------------|--------|
| Wednesdays, Sept 12-Nov 14 | Online |

2 & 3's / Multi-Age Classes

2-3 Year Olds

Separating

Being a two or three year old is a very unique time in your child's life. Language development is emerging, social skills are developing and physical and cognitive changes occur rapidly. The class will have parent/child interaction time followed by a parent only discussion time lead by a Parent Educator. Children remain in the classroom to experience learning activities, such as sensory exploration, dramatic play, large and small muscle experiences, in addition to storytelling, music and other literacy-rich activities under the guidance of an Early Childhood Teacher.

| Course #: 9401-1 | \$65 |
|--|------------|
| Mondays, Sept 10 - Nov 12 10:30-12 pm | FLC RM 103 |
| Course #: 9401-2 | \$65 |
| Mondays, Sept 10 - Nov 12 6-7:30 pm | FLC RM 103 |
| Course #: 9401-3 | \$65 |
| Tuesdays, Sept 11-Nov 13 8:30-10 am | FLC RM 103 |
| Course #: 9401-4 | \$65 |
| Tuesdays, Sept 11-Nov 13 10:30-12 pm | FLC RM 103 |
| Course #: 9401-5 | \$65 |
| Tuesdays, Sept 11-Nov 13 6-7:30 pm | FLC RM 103 |
| Course #: 9401-6 | \$65 |
| Wednesdays, Sept 12-Nov 14 8:30-10 am | FLC RM 103 |

Discipline for Life 2-4 Years

Separating

This class will discuss not only discipline methods to use in a variety of situations, but also how to help your child grow into a responsible loving and understanding person. Through support and parent discussion, we will help parents develop methods to control situations, behavior and environment, not their children. The children will enjoy their own special time with enriching activities under the guidance of an Early Childhood Teacher after ½ hour of parent/child time.

| Course #: 9501 | \$65 |
|-------------------------|------|
| Mondays, Sept 10-Nov 12 | |

8:30-10 am FLC RM 103

Math and Science 4-5 years

Non-Separating

Help your child explore the world using their senses. Join us as we explore, investigate, calculate and experiment with hands on math and science concepts. Learn with your child how fun, easy, and important it is to incorporate math and science into your everyday life. Sibling care available

| Course # 9006-1 | \$65 |
|-----------------|------|
|-----------------|------|

Mondays, Sept 10 - Nov 12

6-7:30 pm FLC RM 106

Books and Beyond 2-5 years

Non-Separating

Delve into the world of imagination with your child through books. In this 1½ hour non-separating class you and your child will experience art, math, science, music, and nutritional activities that will correspond with the books you'll be reading. Sibling care available

Course #: 9007-1 \$ 65

Thursdays, Sept 13- Nov 15

10:30-12 pm FLC RM 103

Messy Art

Separating

"Paint, chalk, shaving cream, glue, glitter, spray bottles, spueegees, our hands and feet" what do all these items have in common? They are some of the tools we will need to "mess around" in the Messy Art class. So come prepared to get messy while you explore, create and have fun. The messy time will include children and their parent. There will be time for parents to discuss everyday parenting issues for ages 2-5 as well as the value of art and creativity.

Course #: 9008 \$65

Friday, Sept 14- Nov 16

10:30 am-12 pm FLC RM 103

Preschool Parent

PARENTS ONLY

Do you have a preschool age child? This "parents only" class is offered by request for parents who desire support, information, and the opportunity to connect with other parents going through the same experiences.

A parent educator will facilitate this class with topics relevant to the preschool years. Childcare is available!

Course #: 9009 \$ 65

Thursdays, Sept 13- Nov 15

9-10 am FLC RM 103

Parent Quote

"Mankato ECFE has been AMAZING for our family!!! I wish at least one class would be required for all parents/toddlers. It has given both of our kids a positive first exposure to schools, classroom learning, social interactions with friends and separation from parent. And almost more importantly, for me, it has given me a solid parent ed. component-giving super helpful, researched based tips pn everything from tantrums, temperament, parenting stress, sibling rivalry, potty training, sleep issues, etc etc.... It is a nonjudgmental space to just share ideas. It has absolutely been my source of 'it's okay, my 1 yr..2yr..3 yr old does that too... and here is what has helped...' It has given me some awesome mama friends too! Please check it out this fall if you have not already been involved- they have both day and evening classes."



READY! for Kindergarten

READY! For Kindergarten is a program of Mankato Area Public Schools' Early Childhood Family Education department, partnering with Mankato Area United Way.

What is Ready!? Ready! For Kindergarten provides workshops and take home materials and tools to inspire and empower parents and caregivers to help babies and young children develop strong brain connections that determine how they will think, learn, and grow.

Parents and caregivers attend a series of workshops each year, based on their child's age. They learn new skills and helpful tips to nurture development in ways that foster academic skills and personal behaviors to boost children's motivation, perseverance and engagement in learning.

Ready! facilitates interactions and active learning by using movement, play, exploration, communication and all of the child's senses- seeing, hearing, smelling, touching, and tasting.

How often do classes meet? READY! for Kindergarten is a series of three parent classes per year (fall, winter and spring) for parents of children aged birth to five. Register for each child separately.

Who can attend? The parents/grandparents/guardians/care providers of children aged birth to five.

What is the class fee? Fee is charged on a sliding fee scale (\$35,\$25,\$15). Free learning toys at each class, free childcare for children 1 year or older.

Registrations are taken at the Early Learning office located at the Family Learning Center. Register online at www.mankatoecfe.org - Click on mankato.thatscommunityed.com.



carefully choose the class section based on the year your child will enter kindergarten.

Birth-1: For children entering Kindergarten in 2023 (all 0-1 classes are free)!

Age 1-2: For children entering Kindergarten in 2022

Age 2-3: For children entering Kindergarten in 2021

Age 3-4: For children entering Kindergarten in 2020

Age 4-5: For children entering Kindergarten in 2019



Parent Education Program Dates:

Oct 23- Birth- 1 yr, 1-2 yr Family Learning Center Orientation Class: 6:00 PM for first-time participants Ready! Classes 6:30-8 pm

Oct 25- 2-3 yr, 3 yr-4 yr & 4 yr -5 yr
Family Learning Center
Orientation Class: 6:00 PM for first-time participants
Ready! Classes 6:30-8 pm



Early Childhood Screening



Early Childhood Screening is a comprehensive developmental screening for children 3-5 years old.

The purpose of Early Childhood Screening is to...

- * Increase parent understanding of child's health, development and school readiness
- * Identify conditions and risk factors that may affect a child's ability to learn and develop, make referrals for further assessment
- * Link families to parenting resources and preventive health care

A Parent Should Schedule an Early Childhood Screening Because....

- *It identifies, at an early age, any hearing, vision, growth or development needs.
- *It gives the parent valuable information about their child, information about school readiness and community resources.
- *It is required by the state of Minnesota before entrance into public school kindergarten.

Earlier is better! The screening changes with the age of your child, so there is no reason to wait.

Is your child 3 or older? Call 207-4037 to schedule a screening appointment.

Screenings are done at the Family Learning Center, 820 Hubbell Ave, Mankato





LEARNING READINESS PROGRAM FOR FAMILY CHILDCARE PROVIDERS











All learning materials are developmentally appropriate for children 3 to 5 years of age focusing on literacy and social emotional development. A packet of extended activities is provided for children to do until the next visit.

Providers will receive 4 FREE visits from the Storyteller. Each one hour visit will include:

- Stories
- Songs
- Finger Plays
- Creative Art Activities
- Language/Literacy Time & More

For more information please contact the Mankato Area Public Schools Early Learning Department at 507-625-4620.

HOME VISITING

Our Early Childhood Family Education Home Visit program is designed to provide individual support to expectant parents and parents of children ages 0–5. Home visits are conducted by a licensed parent educator to help support parents in their role as the first and most important teacher of their child. Parents will gain an understanding of child development and ageappropriate behaviors, and receive support with other parenting joys and challenges. For questions and to schedule an appointment with a home visitor, call the Early Learning Department at (507) 625-4620.

WHO MAY BENEFIT FROM ECFE HOME VISITS

- Families without access to reliable transportation
- Families with children and/or parents having special medical, physical, or developmental concerns
- Families referred by other programs
- Pregnant mothers
- First-time parents
- Families who would benefit from individual support
- Families experiencing trauma or stressful family situations

WHAT TO EXPECT FROM OUR HOME VISIT PROGRAM

- Make connections with other community resources
- Problem solve any questions about family and parenting
- Learn about child development
- Discuss current parenting and family issues based on individual family needs
- Learn ideas and activities that are age-appropriate for a child
- A safe, confidential, environment to share and discusspersonal issues related to parenting
- Gain support in the journey of becoming a child's first andmost important teacher





Help Me Grow

http://helpmegrowmn.org

WHAT IS HELP ME GROW?

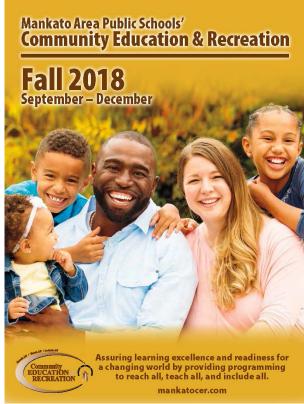
- Help Me Grow provides resources for families to understand developmental
 milestones and learn if there are concerns. This helps families take the lead in
 seeking additional support, or referring their child for a comprehensive,
 confidential screening or evaluation at no cost.
- Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service agencies.

What do you need to know to help a young child develop, learn and grow?

- Developmental Milestones- Learn more about how a child develops from birth to five.
- Encouraging Healthy Development- Find ideas on how to support a child's development, healthy learning and growth.
- Get Help For A Child- Learn what to do if you have concerns about a child's development.
- Articles- Explore in-depth information on birth to five child development and growth and early intervention.



MORE FOR FAMILIES!



Adult Enrichment

Come and be a lifelong learner! Our classes for adults range from health & personal awareness, creative you, cooking, technology & many more. These classes give you something new you would like to explore to refining a skill that you forgot about.

*Zumba *Pottery
*Photography *Sewing
*Yoga *Dancing
*Spanish *Kettlebells

Youth Enrichment/Recreation

Come and stay engaged through out the school year with all sorts of fun while learning. We have great classes for all ages.

*Legos

Visit www.mankatocer.com for all our offerings or call 507-387-5501 for more information.

*Chinese





Fall 2018 Registration

Registration will begin August 13, 2018

To register, go to http://mankato.thatscommunityed.com, use the drop down box to find ECFE. If you are unable to register online, you may stop by our office at the Family Learning Center, 820 Hubbell Ave, Mankato.

Fall Semester: September 11 - November 16 (No Classes October 18, 19 + November 2)

Fees are payable by cash, check or credit card. Registrant wishing to withdraw their registration must do so no later than one week prior to the course start date. No refunds will be given if withdraw is made less than one week prior.

Scholarships for parent/child classes in the form of a reduced fee or waived fee are available for families in need of financial assistance (one per family).

Please bring a copy of your child's immunization records to the first class. If your child has not been immunized, we will need you to submit a signed exempt form to the Early Learning office.

Sibling care is available for most parent/child classes. Please look at a section that offers sibling care if you require this service. You will register and pay for sibling care at the same time you register for your parent/child class. Fees per semester are \$25 for the first child and \$12 for the each additional child. In addition, we ask that you provide one healthy snack item per term. Drop-in sibling care may be available if the staff-to-child ratio remains safe. Fees are \$4 for the first child and \$2 for each additional child. You must call 48 hours in advance to request drop in care.

You are welcome to visit your child in sibling care at any time.



Fall 2018 Registration Form



Register online, in person or by mail. Online Registration at www.mankato.thatscommunityed. com Mail to: 820 Hubbell Ave, Mankato, MN 56001 Family Learning Center. (Please use one form per child. Additional forms are available at the Family Learning Center office)

| Father's Name | | | | | | | | |
|--|--|-----------------|-----------------------------------|-------------------------|-----------|----------|---------------|---|
| Mother's Name | | | | | | | | |
| Child's Full Name (First, Middle and Last Name) Address: | | | | Date of Birth | | | ☐ Male ☐ Zip: | |
| Phone (Home): | | | | _ (Cel | l): | | | |
| Email (Print Clearly): | | | | | | _ | | |
| Additional Siblings in the family: | | | | | | | | |
| Name: | | | Date o | f Birth | | □Male | ☐ Female | |
| Name: | | | Date o | f Birth | | □Male | ☐ Female | |
| Registration Information: Class Title | | Class # | Days Class Meets | Class Fee | Sibling | Care Fee | Sub Total | |
| | · | | | | | | | _ |
| | | | | | | | | _ |
| | | | | | | | | _ |
| | | | | | | Total: | | _ |
| If sibling care is needed, you must register your Name: | child(ren) (Not all clas Birthdate: | sses offer sibl | ing care, make sure t Class #: | to check the class des | cription. | | | |
| Name: | Birthdate: | | Class #: | | | | | |
| We are residents of ISD 77 School district or have Are you New to ECFE? Circle Yes Or How did you find out about ECFE? | re already been accepto No | ed as an oper | n enrolled family into | o this school district. | Circle: | Yes | Or No | |
| Payment Information: Card Number: Circle: Master Card Check: Checks Payable to Mankato Cash: (DO NOT MAIL CASH) | | Class Infor | nation please call | 507-625-4620 | | Expirat | tion Date: | / |

POSTAL PATRON ECRWSS

Non Profit US Postage PAID Mankato, MN Permit No. 310

ECFE Open House

- Create
- Explore
- Imagine
- Investigate
- Build
- and Move

Come play with us!!!







Face Painting

Community Education & Recreation Rec on the go

Inside & Outside Activities

Date: Tuesday, August 28

Time: 5-7:30 pm

Location: Family Learning Center

820 Hubbell Ave

Food: The 507 food truck 5-7 pm

(Available for Purchase)

EVERY CHILD RECEIVES A FREE BOOK